



Iconic Wellness - Affordable, Quality Healthcare

| Physical Therapy | Wellness Visits |
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| <p>Physical Therapy Initial Evaluation - \$175</p> <ul style="list-style-type: none"> Includes manual therapy interventions such as dry cupping, kinesiotaping, electrotherapy, and IASTM Dry needling is considered an add-on service and used if assessment indicates you may benefit from it <p>Physical Therapy Follow Up Visits - \$125</p> <ul style="list-style-type: none"> Includes manual therapy interventions such as dry cupping, kinesiotaping, electrotherapy, and IASTM Dry needling is considered an add-on service and used if assessment indicates you may benefit from it | <p>Exercise Program - \$75</p> <ul style="list-style-type: none"> Includes individualized exercises to improve strength, endurance and function Includes education on body mechanics, incorporating exercises into the gym and minimizing pain Includes one hands-on intervention if needed: dry cupping, IASTM, kinesiotaping, or electrotherapy <p>Body Wellness Visit - \$75</p> <ul style="list-style-type: none"> Includes all hands-on interventions if needed: dry cupping, IASTM, kinesiotaping, and electrotherapy Education on body mechanics, incorporating exercises into the gym and minimizing pain |

| Add-on Services | Price |
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| Dry Needling - 1 to 2 Body Regions (includes electrotherapy) | \$30 |
| Dry Needling - 3 or more Body Regions (includes electrotherapy) | \$60 |
| Dry Cupping | \$15 |
| Instrument Assisted Soft Tissue Mobilization (IASTM) | \$15 |
| Kinesiotaping | \$10 |
| Electrotherapy | \$15 |

| Iconic Wellness Products | Price |
|---|-------|
| Theraband Set - 3 (Light, Medium, Hard) | \$15 |
| Lacrosse Ball | \$5 |
| Tiger Balm | \$8 |